

A Social Enterprise Delivering a Competent and Confident Workforce for the Future

Health Awareness

Level 1 Award accredited by RSPH

The Royal Society for Public Health Level 1 Award in Health Awareness has been designed to provide individuals with a basic introduction to Personal and Public Health and provides a foundation for those wishing to progress to either level 2 Award in Health Improvement or even ambitions to become an NHS Health Trainer

On the Qualification Credit Framework the award is transferable and useful to many developing life skills.

The programme is assessed by a simple 20 question MCQ

Assessment and certification of successful candidates is included

Weblink to HA Flier

Dates: 8th December 2011, 17th February 2012

Venue: IGEM House

High Street

Kegworth

Derbyshire

DE74 2DA

M1 Junction 23a/24 East Midlands Parkway Station (3.4 mls)

Who should attend:

This programme has been developed for anyone wishing to gain a basic understanding of Health and current recommendations.

The programme is fun and very interactive drawing on life experience and games to embed learning.

Pre-requisites:

A basic command of literacy and numeracy is all that is required.

Participants who may have a special requirement for additional support in undertaking the assessment component are asked to contact the course leader to discuss their requirements.

[w:www.healtheducatorsnetwork.org.uk](http://www.healtheducatorsnetwork.org.uk) [e:info@healtheducators.org.uk](mailto:info@healtheducators.org.uk)

A Social Enterprise Delivering a Competent and Confident Workforce for the Future

Tutor:

Diana Moss; trained as a nurse, midwife and health visitor Diana has considerable experience in developing and delivering learning and training programmes for use in the Health, Social care and Education sectors.

With over twenty year experiences in developing and delivering immunisation training programmes she has led initiatives include extension to the role of Health care assistants in General Practice as well as developing service provision in Community Pharmacy and Health Champions in various settings.

Diana completed the MA in Leading Innovation and Change at York University and has since worked in partnership with NHS Trusts, Local Government and third sector organizations to develop new ways of working.

Objectives and learning outcomes

The four learning outcomes for this award:

- 1 Understand the meaning of "health",
- 2 Understand the basic principles of public health
- 3 Understand the lifestyle choices affecting personal health and wellbeing,
- 4 Understand how to manage personal health collaboratively with service providers,

Cost

Course cost per delegate £120

Booking

To book your place(s) on this course please complete the attached booking form and return at least three weeks prior to the course commencement date to: **Diana Moss, Hawthorn Cottage, 32 Alfreton Road, Underwood, Nottinghamshire, NG16 5GB**